



RELEASE AND WAIVER OF LIABILITY

I understand that this Release and Waiver of Liability governs all rights and liabilities relating in any way to the receipt by me from Action Reaction Jiu-Jitsu and/or its agents of services. I have read, understand and agree to be bound by the terms below.

Definitions

“**Services**” shall mean any and all manner of goods and services offered by Action Reaction Jiu-Jitsu or any other affiliates. These services, which may take the form of training and participation including but not limited to falls, contact with other participants, the effects of the weather, including high heat and or humidity and all other such risks being known and appreciated by me.

“**Training**” shall mean any act, omission, or other activity required of you or carried out by you in relation to services. This term shall not be limited in any way, with respect to any location site, or facility at which any activities related to the services takes place.

Terms and Provisions

The risk of injury from participation in sporting events and other strenuous physical activity, including training, is significant, including the potential of permanent paralysis, other serious injury, and/or death. I hereby acknowledge my responsibility in communicating any physical and psychological concerns that might conflict with participation in Jiu-Jitsu. I knowingly and freely assume all such risks of participation in training, including, without limitation, risk arising from or relating in any way to the condition of the facilities, equipment and surrounding premises. I understand that Action Reaction Jiu-Jitsu and the owners, partners or staff shall in no event be responsible or liable for defective or dangerous conditions of the facility, equipment, parking lot and surrounding premises, except to the extent such conditions result from gross negligence or intentional acts. I agree that Action Reaction Jiu-Jitsu shall not be liable for any claims, demands, injuries, damages, actions or cause of action that arise in whole or in part due to their simple negligence. Furthermore, I forever release and discharge and agree to indemnify and hold harmless, these parties from and in relation to all claims, demands, injuries, damages, actions or causes of action that arise from or relate in any way to my participation in the training. I further warrant and certify that I have no health conditions or defects that would prevent me from participating safely in the training, that I have taken every reasonable act necessary to make this warranty and certification in relation to such participation, and that I am otherwise sufficiently fit and healthy to participate.

Action Reaction Jiu-Jitsu and its staff will in no way be held responsible for personal items that are misplaced, lost or stolen from the premises or at off-site trainings. Please secure wallets, cell phones and items of value in your vehicle before entering the for training.

Guests and children are not allowed in the training area/gym, and Action Reaction Jiu-Jitsu and its staff are not responsible for guests or children unattended in the lobby area.

I give permission for pictures, video and/or the name of myself/my child (named below) engaged in training or any activity related to Action Reaction Jiu-Jitsu to be used in any publication, website, flyer any/all social media sites and any other promotional use.

Participant's Name (Please print): _____

Participant's Signature: _____ Date: _____

In case of Emergency, contact: _____ Phone: _____

Parent's signature if under 18 years of age:

I represent that I have legal capacity and authorize to act on behalf of the minor named herein.

Parent/Guardian Signature: _____ Date: _____